

INFORMATION
BOOKLET



AIMS

Association of International
Marathons and Distance Races

apollo
TYRES

10TH
EDITION

NEW DELHI
MARATHON

23 FEB 2025

23 FEB 2025

VENUE: JLN STADIUM, NEW DELHI

#GoTheDistance



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Onkar Kanwar

Chairman,

Apollo Tyres Ltd

Dear Participants,

As you stand at the starting line, remember that you are embarking on more than just a race; you are beginning a new journey of courage, endurance, and personal growth.

Each step you take today is proof of your capacity to transcend your boundaries and confront obstacles. When exhaustion creeps in, draw strength from your own heartbeat, your steady breath, and the spirit of unity among your fellow runners. You are part of a community, each member striving for personal betterment and success.

The finish line is more than a destination; it's a symbol of your perseverance. Trust your training, embrace the challenge, and celebrate every stride. You are stronger than you know.

Run with heart, run with purpose, and run with determination.



**Mr. Rajat Khurana****Managing Director**

ASICS India and South ASIA

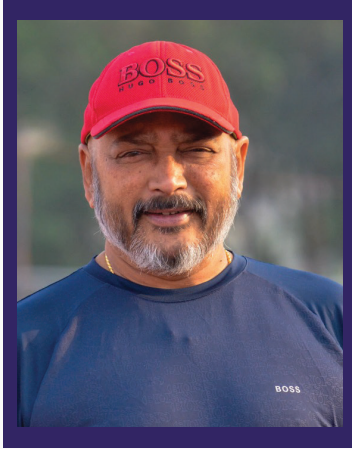
I am pleased to welcome you to the 10th edition of Apollo Tyres New Delhi Marathon and excited to have you experience this milestone event with us. At ASICS India, we are delighted to continue our successful partnership as the official sports goods partner and present the limited-edition merchandise, which further strengthens our commitment to deliver excellence in the training and running category altogether. This

collaboration is a reflection of our dedication to providing runners with exceptional running experience - both on and off the tracks.

We are excited to introduce our exclusive New Delhi Marathon collection, celebrating our partnership with this prestigious event. The collection features advanced performance footwear specially crafted to support the runner through each kilometer. Every product whether apparel, shoes or accessories reflects ASICS' dedication to helping runners achieve their personal best, combining innovative technology with comfort and modern design. Infact, the collection is all the more special as it is inspired by Delhi's C-hexagonal layout that reflects the geometric style of Mughal architecture in the capital city like in Humayu's Tomb, Qutub Minar, Red Fort amongst others.

We are truly proud to continue as the official sports goods partner of the prestigious Apollo Tyre New Delhi Marathon that embodies the true essence of running - both in its competitive spirit and sense of community. We recognize the incredible commitment it takes to train for and complete a marathon, and we applaud each participant's determination for pushing their boundaries to achieve their goals.

To every runner joining us on the race day: may your race be filled with personal triumphs and memorable moments. Each step you take is a testament to your dedication, and every milestone you reach is worth celebrating. As you tackle the course ahead, remember that your presence here today already makes you a champion. Run with pride, embrace the challenge, and savor this incredible achievement that awaits you at the finish line.



Nagaraj Adiga

Race Director,

CMD, NEB Sports

Dear Participants,

We are excited to welcome you to the New Delhi Marathon!

Stay hydrated and follow health and safety instructions on the day of the event. We encourage the use of public transport as parking is limited. .

After crossing the finish line, join us for a celebration with refreshments and medal ceremonies. We wish you the best of luck, and we can't wait to see you race! Remember, it's not just about winning; it's about challenging yourself and having fun!

Stay safe, enjoy the experience, and let's make this year's New Delhi Marathon one to remember!



The guide to running your Apollo Tyres New Delhi Marathon 2025 like clockwork!

Important Race Information: We are happy to present the Apollo Tyres New Delhi Marathon to be held at JLN Stadium on the **23rd of February 2025**. We assure you that we aim to keep your faith in us and hope to deliver this event with all our sincerity and passion.

VENUE ENTRY FOR ALL THE PARTICIPANTS ONLY THROUGH GATE NO: 13 & 14, JLN STADIUM

Parking: There is limited parking space available on Race Day. We would encourage you to car pool or use cab service to reach the venue.

Marathon - Scope Complex
Half Marathon - Sunehri Pulla Bus Depot
10KM & 5KM - Barapullah Bus Depot

Race Day Kit: Your BIB- This is the unique number that identifies you and hence nontransferable. Please do not misplace your bib, (We can neither replace nor re issue a new bib) Bib Tag, Event T-shirt.



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Traffic restrictions:

Below mentioned roads closed between 3:15AM TO 10:30AM

1. Lodhi Road (From Sri Arobindho Marg to Mathura Road Junction)
2. Mathura Road (From Lodhi Road to Sbramania Bharti Marg)
3. Subramania Bharti Marg (From Mathura Road to Khan Market)
4. Rajesh Pilot Marg (from Khan Market to Dr. Zakir Hussain Marg Junction)
5. Dr. Zakir Hussain Marg (Sabzburja to C- Hexagon Marg)
6. C- Hexagon to Karthavya path

Please wear your bibs before you reach the venue for easy access.

Entry for all the participants to JLN Stadium will be only through Gate number-13 & 14.

Arrival & Race preparation:

Reporting time:

Please report 1 hour prior to your race. Your race start times are as below:

- Marathon
 - Open & Elite Female - 4:15 AM
- Marathon Elite Male - 5:00 AM
- Half Marathon - 6:15 AM
- 10KM - 7:45 AM
- 5KM - 8:30 AM

Baggage counter:

Baggage counter is available at **Gate-13 & 14 for Marathon, Half Marathon & 10K participants only**. Please do not leave any valuables like phones, camera, jewelry or original identification in your bag. The organizers will not be responsible for any loss, misplacement or theft of items in the baggage counter. The baggage counter will close at 10:30 am. Please collect your baggage before closure time.

Restrooms:

Portable Male & Female toilets will be available for participants in the stadium and at select locations along the route.

Timing Tag & Splits points:

Timing tag is placed at the back of the bib. The Bib must be clearly visible on the front of the participants t-shirt at all times during the race(Affix pins on all 4 sides of the Bib). Without the timing tag you will not get your timing. If we don't have your reading at any one of the timing splits on the route, you will not be receiving your timing immediately.



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– Dr. P N Arora
(Chairman)

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– Dr. Upasana Arora
(Managing Director)

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– Mr. Shubhang Arora
(Executive Director)

Yashoda Medicity, Indirapuram



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- Just 50 minutes away from Pari Chowk, Greater Noida
- Just 25 minutes away from India Gate, New Delhi
- Just 20 minutes from Pragati Maidan, New Delhi
- Just 70 minutes away from IGI Airport
- Just 40 minutes away from Greater Kailash, New Delhi

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On the course:

Aid stations:

Well Equipped aid stations every kilometer all along the route

Medical aid:

Medical assistance is available at the start/finish as well as multiple points on the race route. Our medical partners **Yashoda Medicity** completely understand your requirements as a runner and are ready to handle anything from a twisted ankle to runner specific condition like dehydration and hypernatremia. Besides ambulance enroute there are bike paramedics patrolling the route.

Medical Emergency: +91 9606987564

Post Run Aid:

Volini our recovery partner is equipped with experienced physios to help you stretch and recover from your tired, aching muscles post the run.

PRIZES:

MEN/WOMEN

Marathon Elite - 5 Fastest (Gun time)

Marathon Open - 3 Fastest in each Age category

Half Marathon Open - 3 Fastest Finisher & 3 Fastest in each Age category

10KM - 3 Fastest (overall)

Prize Money:

- Prizes money will be given within 60 days of the event.
- Prize winners must necessarily provide details of bank accounts in India.

For more details please visit our webpage

www.newdelhimarathon.com

Post race:

- Collect your finisher medal
- Recover, stretch, rehydrate
- Prize distribution
- Relax and talk about the race
- Medical tent for any medical issues
- Take pictures
- Hot Breakfast.

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ASICS STORES: Nexus Select City Walk • DLF Mall of India • Ambience Mall Gurugram • Pacific Mall Tagore Garden
• Rohini Delhi • Vegas Mall Dwarka • Kamla Nagar • Pacific Mall NSP Pitampura • Mall of Faridabad
• AIPL Joy Central Mall Gurugram • DLF Promenade Vasant Kunj



Checklist for the race:

- Inform your emergency contacts about run schedule
- Bib with timing chip attached with 4 safety pins
- Running shoes (unless you are running barefoot!)
- Running gear
- Shorts/ pants/ tights (worn before)
- T-shirt
- Running socks (worn before)
- Sunglasses
- Sunscreen
- Cap
- Blister bandages / chafe guards – if you use them
- Bottle – if you carry them for a run, (a good green practice)
- Jacket – for before/ after the race
- Heart-rate monitor – if you use one
- Identification
- Cash
- Food & drink (energy gels/ bars)
- Comfortable open-toed footwear for after the race
- Post-race change of clothes
- A bag to keep all this

For any more information:

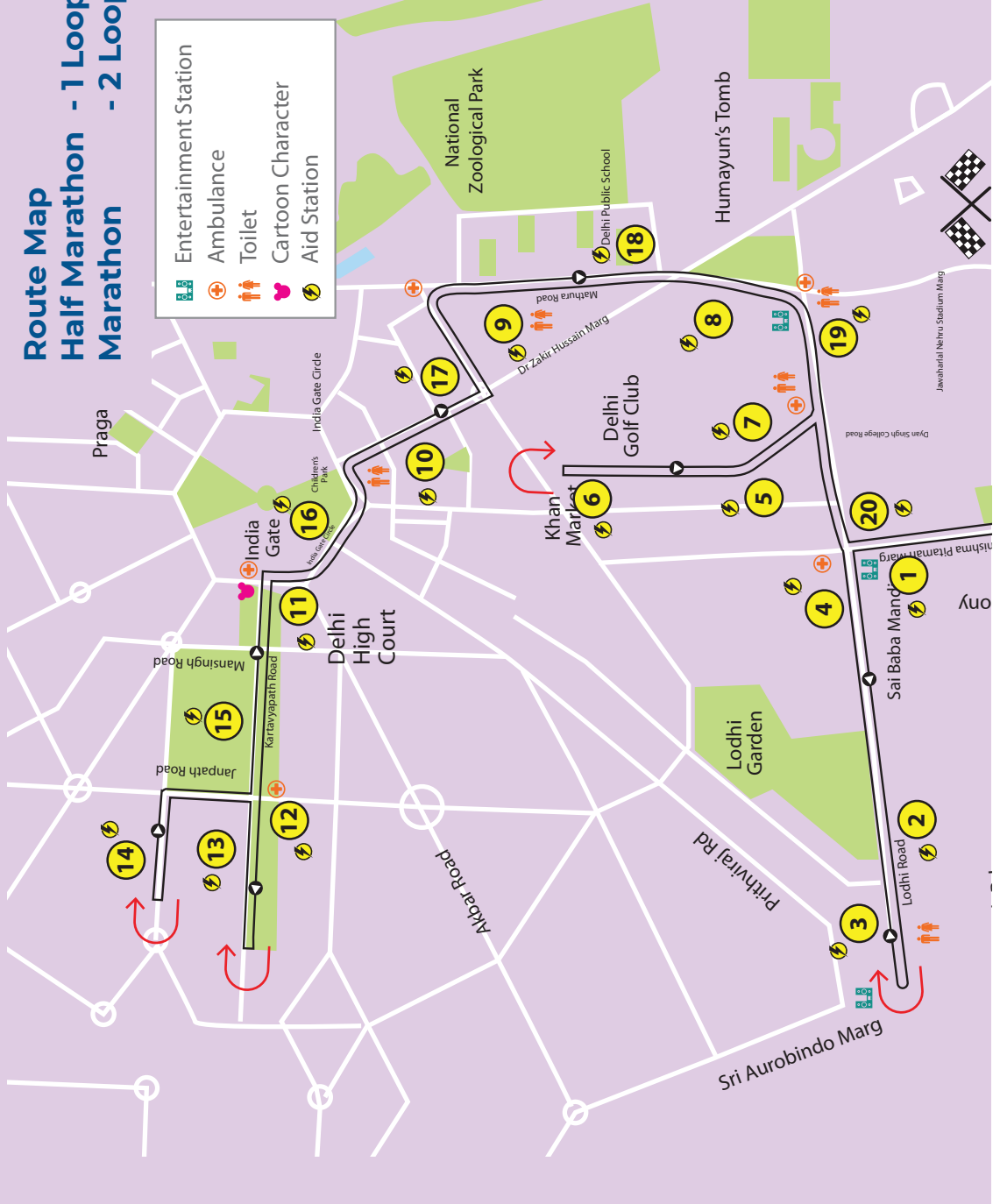
Event website: <http://www.newdelhimarathon.com/>

Event helpline: +91 9206265087

Email: support@newdelhimarathon.com

Route Map
Half Marathon - 1 Loop
Marathon - 2 Loops

- Entertainment Station
- Ambulance
- Toilet
- Cartoon Character
- Aid Station





10K Route Map

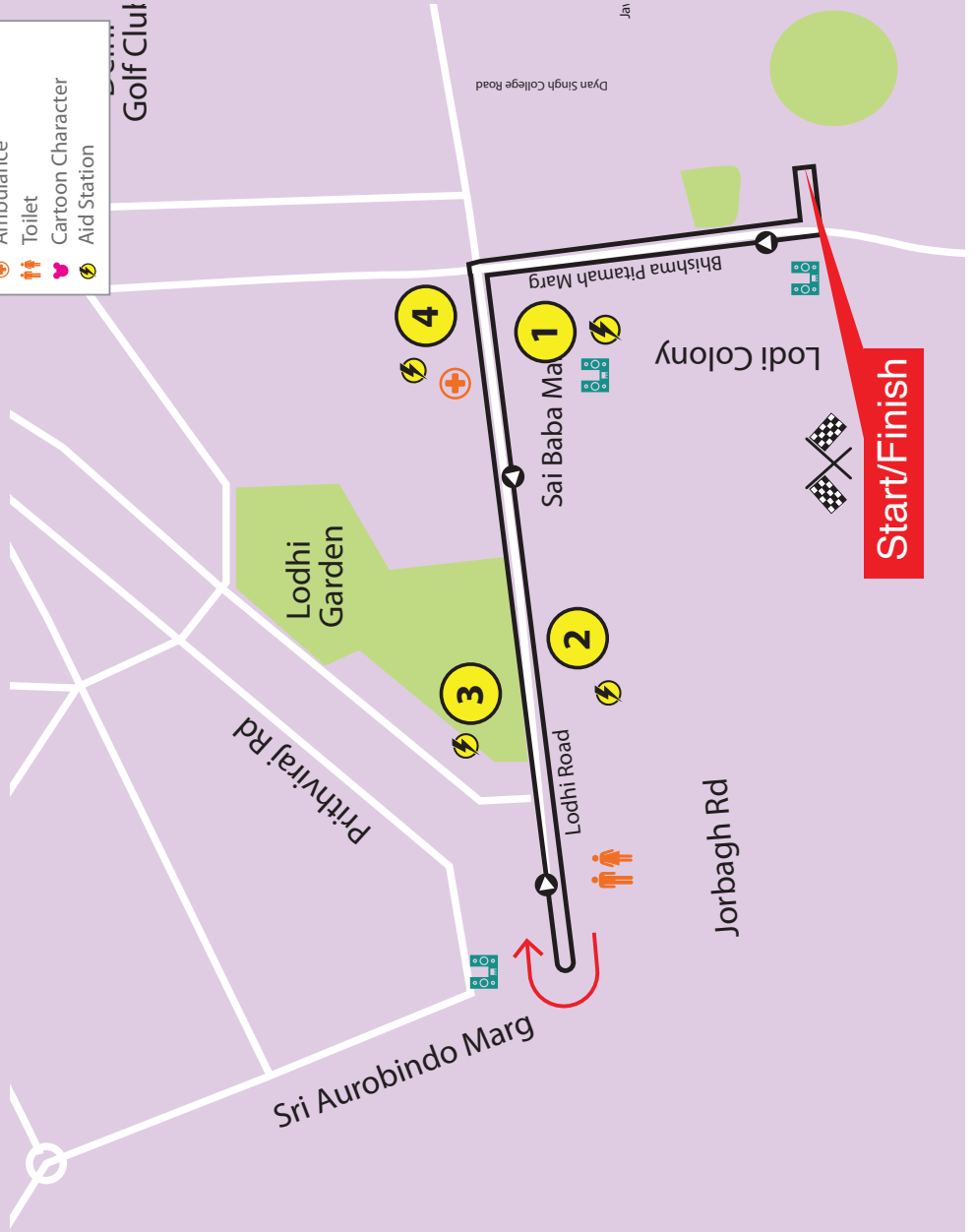
- Entertainment Station
- Ambulance
- Toilet
- Cartoon Character
- Aid Station



Start/Finish

5K Route Map

- Entertainment Station
- Ambulance
- Toilet
- Cartoon Character
- Aid Station



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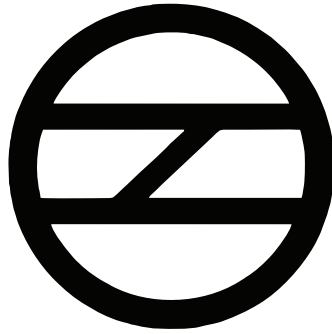


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www.enerjiva.in

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